

If the match isn't working out

There can be many reasons why a match no longer works:

- We simply do not have enough time – we have overestimated our calendar space
- It demands too much from us – the demand is too great
- We don't fit together - lack of chemistry
- We want different things
- Our life circumstances have changed

And there are certainly more.

We encourage you to first have a chat with your match. Perhaps based on your talk about expectations, which was discussed at the first meeting. If you skipped it in the first place, maybe now is the time to talk about it, maybe something can be solved right there, and you can continue your match.

If this isn't enough, it's perfectly fine to agree to end your formal time together. Remember that you are never obligated to more than you can handle.

If you need help finishing the relationship, contact Frivilligcenter Tønder and we'll help.

If you end the relationship, but would like to be matched with someone else, you are always very welcome to get in touch with us.